Dual allosteric activation mechanisms in monomeric human glucokinase

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Cooperativity in human glucokinase (GCK), the body’s primary glucose sensor and a major determinant of glucose homeostatic diseases, is fundamentally different from textbook models of allostery because GCK is monomeric and contains only one glucose-binding site. Prior work has demonstrated that millisecond timescale order-disorder transitions within the enzyme’s small domain govern cooperativity. Here, using limited proteolysis, we map the site of disorder in unliganded GCK to a 30-residue active-site loop that closes upon glucose binding. Positional randomization of the loop, coupled with genetic selection in a glucokinase-deficient bacterium, uncovers a hyperactive GCK variant with substantially reduced cooperativity. Biochemical and structural analysis of this loop variant and GCK variants associated with hyperinsulinemic hypoglycemia reveal two distinct mechanisms of enzyme activation. In \(\alpha\)-type activation, glucose affinity is increased, the proteolytic susceptibility of the active site loop is suppressed and the \(^1\)H-\(^13\)C heteronuclear multiple quantum coherence (HMQC) spectrum of \(^13\)C-labeled enzyme resembles the glucose-bound state. In \(\beta\)-type activation, glucose affinity is largely unchanged, proteolytic susceptibility of the loop is enhanced, and the \(^1\)H-\(^13\)C HMQC spectrum reveals no perturbation in ensemble structure. Leveraging both activation mechanisms, we engineer a fully noncooperative GCK variant, whose functional properties are indistinguishable from other hexokinase isozymes, and which displays a 100-fold increase in catalytic efficiency over wild-type GCK. This work elucidates specific structural features responsible for generating allostery in a monomeric enzyme and suggests a general strategy for engineering cooperativity into proteins that lack the structural framework typical of traditional allosteric systems.

allostery | monomeric cooperativity | glucokinase | diabetes | intrinsic disorder

E lucidating the molecular origins of allosteric regulation of protein function remains a primary goal of biochemistry, despite nearly a half-century of intense investigation (1). Early classical theories, such as the Monod–Wyman–Changeux (2) and Koshland–Nemethy–Filmer (3) models, have found utility in describing allosteric transitions (4, 5), but they are phenomenological in nature and lack a quantitative, predictive description of the underlying mechanism (6). Traditional models tend to describe allostery in terms of structural transitions between two discrete end states that are often viewed through the lens of static crystal structures. Recent focus on the role of dynamics (7, 8) and intrinsic disorder in protein structures (9–11) demonstrates that classic models are far from general (12–19). The ensemble allosteric model (6, 20) and the allosteric two-state model (21) reflect attempts to account for the role of dynamics and disorder in allosteric regulation. Identifying the full suite of structural and dynamic contributors to cooperativity promises to facilitate the discovery and understanding of new allosteric mechanisms that have precluded explanation to date. It also offers the promise of developing general approaches to endow allosteric properties on proteins that do not presently possess such regulatory capabilities.

Monomeric, single-site enzymes that display homotropic kinetic cooperativity represent allosteric systems that do not fall under the purview of textbook models (22). Instead, the monomeric (23) and ligand-induced slow transition (LIST) (24) models have been developed to explain allostery in these systems. These models posit that cooperativity arises from conformational changes during ligand binding and release that occur on a timescale comparable to the catalytic rate constant, \(k_{cat}\). The sluggish nature of these conformational changes is directly responsible for hysteresis observed in the kinetic profiles (24, 25). Although the LIST and mnemonic models were prescient in that they invoke conformational heterogeneity to explain monomeric kinetic cooperativity, they both lack a quantitative, physical description of the underlying mechanism that drives allostery. Understanding the biophysical basis of cooperativity in monomeric, single-site enzymes would serve to further our understanding of a relatively unexplored class of proteins and expand allosteric models to nonclassical systems (17–19). Human glucokinase (GCK) has emerged as a model system for understanding allostery in monomeric, single-site enzymes and for exploring the role of dynamics in functional regulation of these proteins (22, 26, 27). The uniqueness of this type of allostery is underscored by the fact that cooperativity in GCK is fully a

Significance

Glucokinase (GCK), the body’s primary glucose sensor, displays a unique sigmoidal kinetic response that is a hallmark of allostery. Allostery in GCK is different from textbook models, because the enzyme is monomeric and contains only one glucose binding site. Previously, synthetic activators and activating disease mutations were thought to share a common mechanism of allosteric activation in which GCK is shifted toward a glucose-bound–like state. Using mutagenesis and genetic selection, we identify an activated variant that utilizes a different mechanism. Limited proteolysis and NMR reveal that activation is achieved by modulating the dynamic properties of an active-site loop without perturbing the ensemble structure. This previously undescribed activation mechanism is shown to operate in naturally occurring, hyperinsulinemia-associated disease variants.


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kinetic phenomenon. Equilibrium ligand binding to GCK is noncooperative (22). In addition, cooperativity in GCK does not appear to depend on endogenous effector molecules or post-translational modification events.

GCK catalyzes the rate-limiting step of glucose metabolism in the human pancreas and liver, the ATP-dependent phosphorylation of glucose to glucose-6-phosphate (26). In pancreatic β-cells, GCK activity triggers insulin release (28). GCK displays a cooperative kinetic response to glucose characterized by a Hill coefficient of 1.7 (Fig. 1). This sigmoidal response provides maximum sensitivity at 8 mM glucose, a concentration that correlates with physiological blood glucose levels (26). A series of familial, monogenic disease states reveals the importance of GCK function in the regulation of insulin levels and blood glucose homeostasis. A large set (>600) of inactivating mutations in gck lead to either maturity onset diabetes of the young (heterozygous) or the more severe permanent neonatal diabetes mellitus (homozygous) (29, 30). In contrast, activating gck mutations lead to persistent hyperinsulinemic hypoglycemia of infancy (PHHII), the severity of which scales with the level of GCK activation (31). PHHII-associated activating mutations are of particular interest in understanding the basis of cooperativity, because the disease state appears to result from a reduction in the enzyme’s cooperativity and a decrease in the glucose $K_{0.5}$ value (32–34).

X-ray crystallographic studies of GCK confirm the existence of conformational heterogeneity (35), as proposed by the LIST and mnemonic mechanisms. The enzyme undergoes substantial reorganization upon glucose association, followed by little additional rearrangement upon ATP binding (Fig. 1 A and B). Most of the rearrangements occur in the small domain of GCK, whereas the large domain appears to remain largely static during the transition between the unliganded and glucose-bound states. A mobile loop spanning residues 151–180 lacks electron density in the unliganded structure, suggestive of an intrinsically disordered domain. Upon glucose binding, this loop folds over glucose and the region spanning residues 154–164 forms a β-hairpin (Fig. 1D). NMR experiments using site-specific 13C-labeled GCK demonstrate that the 151–180 loop is disordered in the unliganded state and experiences fast motional dynamics (27). Global fitting of kinetic Carr–Purcell–Meiboom–Gill (CPMG) NMR experiments to a two-state model suggests that the remainder of the small domain undergoes conformational exchange between at least two substantially populated states with a rate constant of 509 s$^{-1}$ at 40 °C (36). Together, these results support a model in which GCK cooperativity results from dynamic structural transitions in the small domain, the timescale of which overlaps with enzymatic turnover.

A comprehensive understanding of GCK’s unique allosteric mechanism requires a detailed description of both the enzyme’s ensemble structure and its conformational dynamics. Here, using limited proteolysis and 2D 1H-13C heteronuclear multiple quantum coherence (HMQC) NMR of 13C-labeled enzyme, we investigate the contribution of structure and dynamics to GCK cooperativity. We uncover two functionally distinct mechanisms for GCK activation that perturb the allosteric response of GCK to glucose, both of which are observed in PHHII-associated variants. The first activation mechanism involves a shift in the ensemble structure of the enzyme toward a more compact state in which the small domain is preorganized for glucose binding. The second activation mechanism does not appear to alter the equilibrium distribution of conformers in the unliganded ensemble, but instead targets a dynamic loop that undergoes substantial structural alterations during the course of catalysis. The identification of two distinct mechanisms of GCK activation facilitates the generation of a noncooperative enzyme variant that displays a 100-fold increase in catalytic efficiency and a 50-fold higher equilibrium affinity for glucose compared with wild-type GCK. This enzyme represents the most active variant of human GCK identified to date. The ability to manipulate the allosteric response of a monomeric, single-site enzyme via targeted alterations in the functional properties of the scaffold suggests a general approach for engineering cooperativity into proteins that lack the structural framework typical of traditional allosteric systems.

**Results and Discussion**

**Disorder in Unliganded GCK.** Past work in our laboratories demonstrated that cooperativity in human GCK is governed by millisecond timescale order-disorder transitions within the enzyme’s small domain (27, 36). To map the sites of disorder in GCK, we performed limited proteolysis with thermolysin, a broad specificity protease commonly used to probe protein structure (37–40). NMR studies indicate that the small domain is both dynamic and structurally heterogeneous (27). Based on these findings, we expected to observe multiple thermolysin cleavage sites in unliganded GCK. However, SDS/PAGE analysis of protease digestion reactions indicates that thermolysin cleaves GCK at only one position, identified by N-terminal sequencing as the peptide bond between G170 and F171 (Fig. 2A). These residues lie in the middle of the 151–180 loop. The cleavage pattern observed for wild-type GCK does not change upon addition of glucose or by introducing PHHII-associated activating mutations (Fig. S1), although both conditions alter proteolysis rates (Table S1). Moreover, treatment of unliganded GCK with proteinase K and trypsin, two proteases with orthogonal sequence specificities, results in a similar proteolysis pattern as observed after thermolysin digestion (Fig. S1). Taken together, these results indicate that the 151–180 loop is the primary site of disorder in GCK.

**Fig. 1.** Conformational changes and kinetic profile of human GCK. (A) In the unliganded state, the mobile loop (cyan) displays no electron density and the small domain (orange) adopts a super-open conformation. (B) Upon glucose binding, the mobile loop folds into an antiparallel β-hairpin and K169 forms a hydrogen bonding network with glucose (green) and S151. Isoleucine residues (yellow) used as NMR reporters are evenly distributed throughout the molecule. (C) The sigmoidal kinetic response of GCK results from conformational rearrangements occurring on a timescale comparable to $k_{cat}$. (D) View of the 151–180 loop, revealing the β-hairpin formed by residues 154–164 upon glucose binding (green). The thermolysin cleavage site is shown as a dashed line.
A Unique Mechanism for GCK Activation. To investigate the functional basis for activation in the β-hairpin variant, we used proteolysis kinetics. The apparent rate constants for proteolysis of wild-type GCK and the β-hairpin variant were determined by monitoring the time-dependent decay in enzyme activity following exposure to thermolysin (Fig. 2A). Proteolysis of both proteins follows an EX2 mechanism (38), as revealed by the linear dependencies of k_{cat}/K_{cat} = 5 × 10^{4} M^{-1} s^{-1}) equals that previously achieved by optimizing the sequence of the α13 helix using a similar genetic selection strategy (43).

Table 1. Proteolysis constants for wild-type and activated GCK variants

<table>
<thead>
<tr>
<th>Protein</th>
<th>K_{cat} (× 10^{-2})</th>
<th>ΔG_{cat} kcal/mol</th>
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<tbody>
<tr>
<td>α13 helix</td>
<td>0.63 ± 0.05</td>
<td>3.00 ± 0.2</td>
</tr>
<tr>
<td>V455M</td>
<td>0.64 ± 0.06</td>
<td>2.99 ± 0.3</td>
</tr>
<tr>
<td>S64P</td>
<td>0.77 ± 0.07</td>
<td>2.89 ± 0.3</td>
</tr>
<tr>
<td>T65I</td>
<td>1.0 ± 0.1</td>
<td>2.73 ± 0.2</td>
</tr>
<tr>
<td>Wild-type</td>
<td>1.1 ± 0.08</td>
<td>2.70 ± 0.2</td>
</tr>
<tr>
<td>α13 helix + β-hairpin</td>
<td>1.2 ± 0.09</td>
<td>2.64 ± 0.3</td>
</tr>
<tr>
<td>M197V</td>
<td>1.7 ± 0.1</td>
<td>2.40 ± 0.2</td>
</tr>
<tr>
<td>β-hairpin</td>
<td>2.3 ± 0.2</td>
<td>2.23 ± 0.2</td>
</tr>
<tr>
<td>I211F</td>
<td>3.7 ± 0.3</td>
<td>1.95 ± 0.2</td>
</tr>
<tr>
<td>Y214C</td>
<td>5.1 ± 0.7</td>
<td>1.76 ± 0.2</td>
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Genetic Selection of an Activated Loop Variant. Given the importance of order-disorder transitions to GCK cooperativity, we reasoned that targeted substitutions in the 151–180 loop might modify the allosteric response of the enzyme. The crystal structure of glucose-bound GCK demonstrates that a segment of the loop spanning residues 154–164 adopts a β-hairpin in the presence of glucose (Fig. 1D). We postulated that optimizing this structure might activate the enzyme and impact allostery. To investigate this possibility, we randomized positions 154–157 and 161–162 by using gapped-duplex ligation and transformed the resulting 3.6 × 10^{4} member library into a glucokinase-deficient bacterium. Challenging this organism for survival on glucose minimal medium afforded the identification of a quadruple variant (R155H-H156M-E157L-K161V) that efficiently complemented the genetic deficiency. Mutagenic backcrossing with wild-type GCK revealed that the R155H substitution was dispensable for enzyme activation. Biochemical characterization of the activated loop variant, hereafter termed the β-hairpin variant, showed a ninefold increase in k_{cat}/K_{cat} value compared with wild-type GCK. Cooperativity was also reduced in the β-hairpin variant, with the Hill coefficient decreasing from 1.7 to 1.3 (Table S3). The level of enzyme activation observed in the β-hairpin variant (k_{cat}/K_{cat} = 5 × 10^{4} M^{-1} s^{-1}) equals that previously achieved by optimizing the sequence of the α13 helix using a similar genetic selection strategy (43).

A Unique Mechanism for GCK Activation. Following insertion of 13C-Ile probes in place of Gly446, Val452, and Leu463, 2D 1H-13C HMQC NMR analyses of all three variants revealed new cross-peaks with chemical shifts near the region expected for disordered isoleucines (Fig. S3). Upon glucose binding, the chemical shifts and linewidths of the G446I and L463I cross-peaks remain in the disordered region, whereas the V452I cross-peak shifts to a new position, away from the disordered region (Fig. S4). Residue 452 is located in the center of the α13 helix, whereas residues 446 and 463 are located at the extreme amino- and carboxy-terminal ends of the α13 helix, which likely explains their apparent flexibility both in the presence and absence of glucose. The NMR data are suggestive of partial disorder in the α13 helix, especially near the termini, but the data demonstrate that the core of the helix becomes structured in the glucose-bound state. Kinetic analyses of variants containing positional isoleucine substitutions suggest negligible functional perturbation in these proteins (Table S2).
of wild-type GCK with other systems investigated by limited proteolysis reveals that the level of disorder in the 151–180 loop is high. For example, proteolysis of ribonuclease H by thermolysin under non-denaturing conditions is characterized by a $K_{\text{op}}$ value of $8.7 \times 10^{-5}$, indicating that the cleavable form is only 0.0087% of the total population (38). Similarly, the cleavable form of maltose binding protein is only 0.000084% of the total population (39). In the β-hairpin variant, the $K_{\text{op}}$ value increases to 0.023, indicating that the population of the cleavable form in the absence of glucose more than doubles compared with wild-type GCK. The higher $K_{\text{op}}$ value of the β-hairpin variant suggests an alteration in the structure and/or dynamics of the mobile loop. Because proteolysis requires sites with high segmental mobility that are devoid of secondary structure (37, 40), the increased proteolytic susceptibility of the β-hairpin variant compared with wild-type GCK is consistent with an increase in loop flexibility.

The β-hairpin activation mechanism, hereafter termed β-type, is notably different from the previously described, α-type mechanism by which small-molecule allosteric activators and other GCK variants operate. Two-dimensional $^1$H-$^1$H Correlation spectroscopy of GCK collected in the presence of an allosteric activator demonstrates that α-type activation is accomplished by a shift in the population of the enzyme toward a state resembling the glucose-bound conformation (27). Similarly, the α13 helix variant displays a 2D $^1$H-$^1$H Correlation spectrum that resembles the wild-type glucose-bound spectrum (Fig. S5), with sharper lines and a larger number of observable small domain cross-peaks (Fig. 3) (27). In contrast to these findings, the 2D $^1$H-$^1$H Correlation spectrum of the β-hairpin variant fails to reveal the appearance of additional cross-peaks from the small domain. Further evidence that the β-hairpin variant employs a distinct activation mechanism comes from the observation that the β-hairpin variant shows a threefold weaker affinity for glucose compared with wild-type GCK, whereas the α13 helix variant displays a 60-fold increase in equilibrium affinity for glucose (Table S3) (43).

To investigate whether both α- and β-type mechanisms are involved in physiologically relevant GCK activation, we examined a series of naturally occurring PHHI-associated variants (30). Thermolysin proteolysis kinetics revealed that the S64P, T65I, and V455M variants decrease the proteolytic susceptibility of the loop in the unliganded state, indicating that local unfolding of the mobile loop is decreased (Table 1). Similar to the α13 helix variant, S64P displays a 25-fold increase in equilibrium affinity for glucose and the NMR spectrum demonstrates an increased prevalence of a state resembling the glucose-bound conformation (27). Conversely, M197V, I211F, and Y214C increase proteolytic susceptibility without substantially altering the affinity toward glucose. Notably, the Y214C variant displays the largest increase in $K_{\text{op}}$ value, where the cleavable form of this enzyme increases to 5.1% of the total unliganded population. These findings suggest that both activation mechanisms are operational in GCK disease variants.

We also examined the thermodynamic consequences of activation via both mechanisms by measuring the temperature dependence of glucose $K_D$ values. The low affinity of GCK for glucose precludes the use of isothermal titration calorimetry for thermodynamic analysis (Table S3). Van’t Hoff analysis demonstrates that glucose binding is endothermic and driven by a favorable change in entropy for all enzyme variants. The $\Delta H$ value for glucose binding to wild-type GCK at 25 ºC is $12.9 \pm 0.3$ kcal/mol and the $\Delta S$ is $15.7 \pm 0.3$ kcal/mol, in agreement with literature precedent (44). For the β-hairpin variant, glucose binding produces similar values, with $\Delta H = 12.0 \pm 0.3$ kcal/mol and $\Delta S = 15.4 \pm 0.3$ kcal/mol. The thermodynamic signature of glucose binding to the α13 helix variant is strikingly different, with $\Delta H = 2.6 \pm 0.1$ and $\Delta S = 8.4 \pm 0.1$. The smaller change in entropy produced by glucose association with the α13 helix variant is consistent with NMR data, which suggest that the unliganded ensemble is shifted toward a narrower distribution of states. Contributions of conformational entropy to the thermodynamics of ligand binding have been established in several protein and peptide systems (15, 19, 45, 46), yet the extent to which conformational entropy plays a role in the thermodynamics of glucose association with GCK remains to be determined. Differences in solvation entropy between individual conformational states and enzyme variants, which might significantly contribute to the measured entropy, are also unknown.

**Engineering a Hyperactive, Noncooperative GCK.** To explore the maximum level of activity attainable by leveraging both activation
mechanisms, we constructed a GCK variant that incorporates the substitutions identified in both the β-hairpin and α13 helix variants. The resulting protein differs from wild-type GCK at seven amino acid positions, and kinetic characterization of this amino variant reveals that cooperativity is fully abolished (Table S3). Moreover, the $k_{cat}/K_m$ value displayed by this noncooperative GCK is 6.1 x 10^5 M⁻¹ s⁻¹, which represents a striking 100-fold increase in catalytic efficiency over wild-type GCK. This hyperactive, noncooperative GCK variant also displays an increase in equilibrium binding affinity for glucose compared with wild-type GCK. It is noteworthy that these kinetic and thermodynamic features match those displayed by noncooperative human hexokinase isozymes I–III (47–49). In particular, the glucose $K_m$ value for this variant is 140 μM, which matches the $K_m$ values of other high-affinity representatives of the hexokinase family (47). Our engineered, noncooperative variant is the most active form of GCK thus far reported. Interestingly, this protein is also resistant to inhibition by the glucokinase regulatory protein (Table S4). GKR exclusively targets the super-open conformation of GCK, in which the large and small domains are separated by a large opening angle (50). This finding suggests that the conformational ensemble of hyperactive, noncooperative GCK is shifted such that the super-open state is substantially depopulated. Collectively, our results demonstrate that targeted substitution of just a small number of GCK residues is sufficient to convert this allosteric monomeric enzyme into a noncooperative catalyst that is highly sensitive toward glucose.

**Activation Mechanisms and GCK Cooperativity.** The discovery that site-specific substitutions in the mobile loop alter the allosteric properties of human GCK is consistent with our current understanding of kinetic cooperativity in this monomeric enzyme. Unliganded GCK is postulated to sample multiple conformational states that are distinguishable from one another, in part, by the magnitude of the opening angle between the small and large domains. Cooperativity is dictated by the equilibrium distribution of states within the unliganded ensemble and the rates of interconversion between these states, both of which are impacted by physiological concentrations of glucose. In α-type activation, as exemplified by the α13 helix variant, the thermodynamic distribution of enzyme states is perturbed and the ensemble structure is shifted in favor of the glucose-bound state. Allosteric effectors operate via this same mechanism, to promote an increase in the equilibrium concentration of a more compact, closed state. In contrast, β-type activation, as exemplified by the β-hairpin variant, results from an alteration in the structure and/or dynamics of the mobile loop.

How might alterations in the loop activate catalysis and reduce cooperativity? A clue to that question may be provided by the observation from viscosity variation experiments that product release partially limits the value of $k_{cat}$ for wild-type GCK (51). In principle, an increase in loop mobility could enhance turnover by facilitating access to, and egress from, the active site. The extent to which the detailed structural and dynamic properties of the mobile loop are altered by the substitutions present in the β-hairpin variant warrants further investigation to establish the detailed mechanism by which activation is achieved. An interesting remaining question concerns the extent to which the dynamics of the mobile loop, which appears to be rapid on the NMR timescale, might be coupled to the slower motions associated with the larger scale reorganization of the small domain that occur during the catalytic cycle.

Incorporating the present findings within the context of prior work allows us to develop a model for GCK cooperativity that semiquantitatively explains both activation mechanisms (Fig. 4). Transient-state glucose binding experiments and NMR studies support a kinetic model that involves two distinct unliganded enzyme conformations, a ground state (E) and an excited state (E*) (49, 52). Kinetic CPMG NMR experiments quantified the rate constant for exchange between E and E*, $k_{cat}$, and demonstrated that it overlaps with the value of $k_{cat}$ (36). The near equivalency in these kinetic parameters ensures that rapid equilibrium in substrate binding is not obtained during catalysis (53, 54). Accordingly, the sigmoidal kinetics of GCK results from differential flux through the nonequilibrate E and E* catalytic pathways as glucose concentrations vary across the physiological range. This model reveals that GCK can be activated, and cooperativity reduced, by altering the values of $k_{cat}$ and/or $k_{cat}$ such that conformational interconversion no longer coincides with turnover. Altering the values of the forward and/or reverse rate constants for conformational exchange, such that the equilibrium distribution between E and E* is shifted toward one state, results in α-type activation. β-type activation occurs when the equivalency between the values of $k_{cat}$ and $k_{cat}$ is removed without eliminating the two-state behavior of unliganded GCK. Thus, the model presented in Fig. 4 unifies the seemingly disparate activation mechanisms and provides a general framework for understanding noncooperative disease variants that cause hyperinsulinemia.

**Conclusions**

The ultimate test of an allosteric model is the ability to use the resulting conceptual framework to modify the allosteric response in defined ways. Here, we show that we can tailor kinetic cooperativity in a monomeric, single-site enzyme by modifying discrete structural features of the catalyst. Indeed, our findings suggest that GCK cooperativity is intimately linked to both the equilibrium distribution of conformers within the unliganded ensemble and the motional dynamics associated with substrate binding and product release. Collectively, the data suggest that targeted alterations of a protein’s dynamic conformational landscape may represent a general strategy for engineering allosteric protein scaffolds that do not presently possess such capabilities (55).

**Materials and Methods**

**An Activated GCK with Optimized β-Hairpin.** A library of GCK coding sequences with residues 154–157, 161, and 162 randomized was generated via gapped-duplex ligation as described (43). The library was transformed into glucokinase-deficient BMS430(DE3) Escherichia coli cells for selection experiments. Glucose and IPTG were optimized such that cells harboring wild-type GCK produced colonies after 5 d of growth at 37 °C. The activated variant identified from the library, R155H-H156M-E157L-K161V, produced colonies after 18 h under these same conditions.

![Fig. 4. Model of GCK cooperativity. Unliganded GCK undergoes millisecond exchange between E and E* with a rate constant ($k_{ex}$ + $k_r$) comparable to $k_{cat}$, which produces kinetic cooperativity (red). Cooperativity is reduced (green) by alterations in $k_{ex}$ or $k_{cat}$ such that these values are no longer comparable. α-type activation results from alterations in $k_{ex}$, and β-type activation results from alterations in $k_{cat}$ that do not substantially perturb the conformational equilibrium. Steps that contribute to the value of $k_{ex}$ are colored gray, g is glucose, g6p is glucose 6-phosphate, and values for $k_{ex}$, $k_r$, and $k_{cat}$ are from ref. 36.](image-url)
NMR Measurements. Isotopically labeled GCK was produced as described (27, 41). NMR spectra of GCK samples were collected at a 800-MHz proton frequency on a Bruker Avance instrument equipped with a TCI cryogenic probe. $^{13}$C-methyl-TROSY HMQC 2D NMR experiments were recorded as matrices of 512 × 128 complex data points for the wild-type and 1024 × 256 complex data points for the hairpin variants, respectively. Data were processed with NMRPipe (56) and CcpNmr (57) software.

Proteolysis. The thermolabile cleavage site in GCK was determined via N-terminal sequencing. The intrinsic rate constant, $k_{\text{int}}$, for cleavage of this site was determined by measuring cleavage of a fluorogenic peptide corresponding to the sequence of the cleavage site. Proteolysis kinetics of wild-type and activated GCK variants were determined by measuring the decay of GCK activity upon exposure to varying concentrations of thermolysis. Proteolysis of GCK follows an EX2 type mechanism (38). Fitting of observed decay rates yields equilibrium constants, $K_{\text{eq}}$, that describe the local unfolding state of the cleavage site.

Full experimental details can be found in SI Materials and Methods.

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